

**Our vision is for a world
in which nystagmus is consistently
and fully understood
and supported
in all environments.**

**2023 TRUSTEES'
ANNUAL REPORT**

**"Many thanks for your email.
I have shared it with my son
who has found it useful and
that someone actually understands!
Thank you once again."
– a parent**

NYSTAGMUS NETWORK



**For more information visit us
online at
www.nystagmusnetwork.org
or email us at
info@nystagmusnet.org**

**"The Nystagmus Network gives us hope ...
the joy of being part of a caring community
which raises awareness and funding
to enable everyone living with nystagmus
to be happy and hope-full.
You are inspirational."
- a grandparent**



ABOUT US

The Nystagmus Network is a registered charity in England and Wales providing support and information about nystagmus and its associated visual impairments.

The charity was established in 1984 and since then has been supporting people living with the condition and funding research, whilst also continuing to raise awareness of nystagmus.

Through the charity's close relationship with the medical and scientific community we are driving more research, better patient care and signposting to sources of information and support.

A mother and daughter at a Nystagmus Network event in Southampton.

TABLE OF CONTENTS

04 Chair's message	06 Meet the trustees
08 What is nystagmus?	10 Our community
11 Support committee	13 Awareness committee
15 Funding committee	17 Research committee
20 Our projects	21 Membership
23 Treasurer's report	25 Financial accounts
26 Legal details	

**"Thanks so much for all your help with the form Mike - I got my PIP!"
- a member of the Nystagmus Network**



Tim Cuddeford
Chair of the
Nystagmus Network
trustees

CHAIR'S MESSAGE

Through 2023 the charity has gone from strength to strength in delivering excellent support, funding research, and raising awareness.

Fundraising by our members and supporters continues unabated, without which the team could not deliver all the fantastic support our beneficiaries rely on.

Building on our 2020-22 experiences, in 2023 we have held very successful in person regional events in Banbury, Southampton and Manchester and will continue this model moving forwards with more regional events and support

groups. This reduces onerous travel and provides a more personable experience. We will continue to use Zoom for larger events with a more dispersed audience e.g. our AGM.

Online events with researchers, #Symposium2023, the UK Research workshop and NUKE (Nystagmus UK Eye research group) meetings, were very well attended.

We continued to support children with nystagmus and their parents to get the best educational outcomes from their local educational authority. This included 1-2-1 support,

Through 2023 the charity has gone from strength to strength in delivering excellent support, funding research, and raising awareness.

published guidance and IPSEA workshops. Demand for support for adults is increasing both for in the workplace and in general living, in particular, for people with acquired nystagmus.

As we enter our Ruby anniversary year I would like to thank again all our members,

supporters, fundraisers, trustees and staff for all their efforts ensuring success in 2023 and a great basis for a positive 2024.

Tim Cuddeford

Tim Cuddeford

Chair of trustees

The big nystagmus meet up - Manchester



**"I only found you guys today ...
Reading other people's experiences
has made me so happy today.
We are not alone.
Thank you.
– a parent**



**"Your group has been so kind and informative for me with lots of support."
– an adult with Acquired Nystagmus**

TRUSTEES SERVING IN 2023

The Nystagmus Network is led by a committee of volunteer trustees. Each of them brings expertise to the table, whether from commerce, training, the law, employment, the charity sector, technology, medicine or finance. They all share a firm commitment to the nystagmus cause. Our recruitment process ensures equality, diversity and lived experience.

Tim Cuddeford
Chair of Trustees
Chair of Finance



Vivien Jones
Founder and Honorary President
Chair of Research



From the top row, left to right:

Miriam Blackburn
Karen Chu, Chair of Funding
Sharon Clifford
Peter Greenwood, Vice Chair of Trustees, Chair of Awareness
Harshal Kubavat
Vicky Pitman, Treasurer
Andrew McFarlane
David Singleton
James Singleton
Kathryn Swanston, acting Chair of Support
John Vekinis



The team at the big nystagmus meet up in Southampton, April 2023

WHAT IS NYSTAGMUS?

Nystagmus is a complex eye condition characterised by involuntary movements of the eyes, where they appear to wobble or flicker.

Congenital nystagmus has a range of ophthalmological and neurological causes. It can also be a genetic condition. At least 1 in 1,000 babies in the UK are born with nystagmus.

Congenital, or infantile, nystagmus simply means that the condition is present in early infancy. An early diagnosis will ensure the family receives support.

Congenital nystagmus is a lifelong

condition. The impact on vision varies greatly. Most people have reduced distance vision, need to be very close to print or a screen, their 3D vision may be compromised and they may struggle to recognise people. They may be registered sight impaired.

A child will learn to adapt and live with their nystagmus, but they may need support throughout their life.

Acquired nystagmus

Nystagmus which develops later in life is called acquired nystagmus. It is often associated with another health condition such as a stroke, multiple sclerosis, brain tumour, the effect of a drug or head injury.

Anything that damages the parts of the brain that control eye movements can result in acquired nystagmus.

Whereas in congenital nystagmus the brain seems to adapt to the eye movements, giving a generally still image, this is not usually the case with acquired nystagmus.

In cases of acquired nystagmus oscillopsia can occur, giving the impression that everything is moving. For this reason, the acquired form can sometimes be more disorienting and debilitating than congenital nystagmus.

Unfortunately, there is currently no effective cure or treatment for nystagmus of either kind, though optical, medical and surgical interventions are sometimes appropriate.

The Nystagmus Network funds research into diagnostics and therapies which could have a positive impact on quality of life as well as exploring prevention and, ultimately, cure.

**"I really appreciate your guidance.
The service you offer is really wonderful." – a parent**

**"I really appreciate your effort.
For me, you listening to my explanation
and what I and my daughter are facing
in the current situation
is something I am really grateful for."
– a parent**

SUPPORTING THE NYSTAGMUS COMMUNITY

The Nystagmus Network provides a wide range of support by phone, email, in person and online.



Online

We provide a safe space for a thriving virtual nystagmus community.



Events

We are proud to host big meet up events around the country.



Volunteers

We offer peer to peer support and a benefits advice service.



Documents

We provide free accessible guides to all aspects of life with nystagmus.

"It was our first time at an event and it was very informative! Thank you!"
– a delegate at the
big nystagmus meet up in Manchester

SUPPORT COMMITTEE

781

PEOPLE
SUPPORTED

We have had another busy and active year providing information and support in a wide range of different ways and formats. Offering front-line support to individuals and families by email and telephone continues to be very much at the heart of this.

Three monthly online forums, including one for parents, continue to meet and this year these were rebranded as get togethers with a variety of guest speakers and specific themes being introduced. In January 2023, inspired by the Jo Cox Foundation's Great Get Together initiative, we hosted a special joint acquired and congenital nystagmus 'Great Winter Warmer Get Together' at which we welcomed guest speaker, Gerard McDermott, an actor who has nystagmus. This enjoyable online event also included time to chat and to enjoy a great quiz.

To complement our online get togethers and larger regional meet ups, we have also established some new local in-person support groups. Our very

**"It has been amazing having this charity in our corner."
- a parent**

first regional get together, hosted by newly recruited volunteer, Andy was held in Banbury in March 2023. Another new local Manchester group led by another volunteer called Andy began to meet up regularly. We plan to widen this offering into other locations in the future.

We have an extensive library of up-to-date guides to nystagmus on our website, free to download, providing support and guidance in a wide range of areas. In November 2023 a new publication, 'A Guide to Nystagmus in the Early Years' was launched. Offering support for the 0-5 year age group, this guide was downloaded more than 100 times in the first week. Written for parents, carers, families and education staff, the guide includes practical advice from a parent in the form of a case study. With cost-of-living challenges continuing, our guide to benefits has remained a resource that many people have been signposted to during the year.

This year we have also provided information and guidance on

"Thank you so much for organising such a wonderful event last weekend. It was a very stimulating event. Our daughter's highlight was meeting other children of her age who have nystagmus." - big meet up attendee

3,182

DOCUMENT
DOWNLOADS

nystagmus in a growing number of external professional settings which has resulted in new contacts being made and existing networks developed.

Hanni from the staff team joined the Royal National Institute of Blind People (RNIB) panel of education experts and spoke about the particular support needed for children with nystagmus.

Sue attended the first in person conference of VIEW in Birmingham in March 2023. This is the key annual conference for QTVI's (Qualified Teacher of Children and Young People with Vision Impairment) and other professionals in this field.

Sue delivered nystagmus awareness raising training to 4 London Boroughs, Lancashire QTVIs, national QTVIs and



national and Southwest ECLOs (Eye Care Liaison Officer) teams. She was also invited to deliver training for a fostering agency supporting carers fostering children with nystagmus and presented and exhibited at the Albinism Fellowship UK conference in November 2023.

Thank you to everyone who has joined an event or get together during the last year, in person or online, as it is through this mutual encouragement and support of one another that Nystagmus Network draws its strength.

Kathryn Swanston

Kathryn Swanston

Chair, Support Committee

AWARENESS COMMITTEE

13k

FACEBOOK
FOLLOWERS

**"My daughter was diagnosed with nystagmus earlier this year and I have found your social media pages and information leaflets a huge help for us all."
- a parent and fundraiser**

One of the key objectives of the charity is to raise awareness of nystagmus. Every time you take part in an event or tell someone what you're doing and why, that's one more person who understands what nystagmus is. We believe that the more people who know about nystagmus, the better the condition is understood.

The Awareness Committee is tasked with raising awareness every single day, these are the highlights from 2023.

Big Nystagmus Meet-up in Southampton (April)

Following the pandemic, we were keen to re-establish our 'meet in person' events with an emphasis on local meet-ups with the objective of encouraging local support groups to be formed. Hosted by the amazing Jackie Powers at Southampton Sight, we had over 50 members and supporters who got to:

- hear inspiring guest speakers;
- get advice and find out about local services;
- help us celebrate the

achievements of nystagmus heroes;

- ask researchers Jay Self and Helena Lee anything they liked;
- meet Nystagmus Network staff and trustees;
- chat with other parents and carers and people living with nystagmus

If that wasn't enough, there were some fantastic raffle prizes available to win and help raise money for the charity.

Big Nystagmus Meet-up in Manchester (September)

Later in the year we hosted another meet-up in Manchester with over 50 members and supporters attending at the Limelight community hub in Trafford.

Attendees got to hear some great guest speakers, information and advice on all aspects of living with nystagmus including local services, a Q+A session with clinicians, and, most importantly of all, the chance to meet other parents and people living with nystagmus.

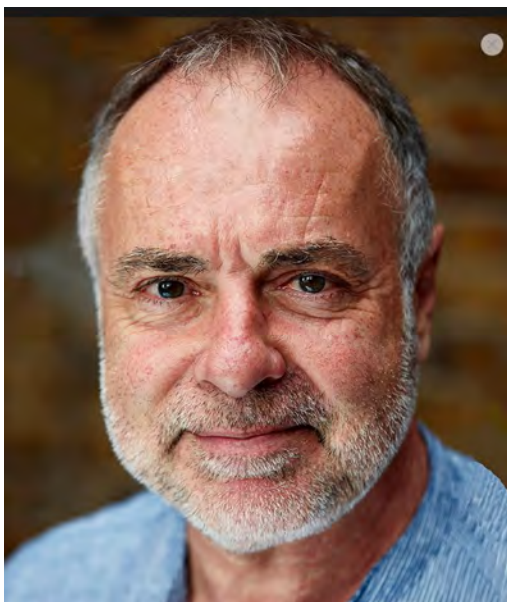
NYSTAGMUS AWARENESS DAY STORIES



Marsha de Cordova MP



Mason



Gerard McDermott

Local Nystagmus Get Together in Banbury (March)

Our volunteer, Andy hosted a coffee and chat in Banbury. Look out for a 'big meet-up' planned in Oxford for 2024.

Nystagmus Awareness Day (20 June)

Holding a national and international Nystagmus Awareness Day serves as a reminder to everyone that we are here, and our voices need to be heard.

We invited you to share your story and received lots of incredible and inspiring stories. Thank you to Marsha, Mason, Savannah, Isabelle, Jude and all the others who shared their stories. A special call-out to Peter who shared his story in the form of a poem and Gerard who sang the Nystagmus Blues! Check out our website to read these amazing stories.

Other events helping to raise awareness included:

Great Winter Get Together (January)

Special guest Gerard McDermott (actor, songwriter and children's author) joined us to talk about his new musical *Painting the Town* and share his experience of nystagmus.

We have continued to host our regular virtual get togethers for parents of children with nystagmus, adults with acquired and congenital nystagmus, a chance to share experiences.

Look out for more events in 2024 including big meet-ups in Oxford, London and Sheffield and celebrating our 40th anniversary, our Ruby Year.

Peter Greenwood

Peter Greenwood

Chair of Awareness Committee

FUNDING COMMITTEE

Our target for 2023 was £88,000, 10% more than our actual income for 2022, to enable us to respond to the increase in demand for support and information whilst supporting our ambition in areas of research.

We didn't quite reach the target, but we were pleased to have again secured grants for multi-year core service and project delivery, which therefore means we have future year income already secured and ring-fenced for specific projects. We are grateful to the **Pears Foundation, Thomas Pocklington Trust, The Inman Charity and Magic Little Grants**. At the very end of 2023 we were delighted to be awarded a grant from **The Powell Family Foundation** to deliver our most ambitious project yet, an exemplary set of adaptable, nystagmus-friendly learning materials. We will report on our progress in 2024.

Grant applications in 2023 continued with a 35% success rate, the total value of grant applications increasing from 2022. We are very pleased that

In a difficult economic climate there were significant challenges for fundraising

the staff team managed to secure £31,600 worth of grant funding, of which we will be able to utilise £29,260 in 2024. We hope that 2024 will continue to see successes in this area.

Fundraising finished the year just under target by 8%. We are grateful to the groups and individuals who supported us. We hope that 2024, our Ruby Year will see additional fundraising to celebrate the impact of the charity on so many people over its 40-year history. Here are just a few of the 2023 fundraising highlights.

- The Jersey Golf Day raised over £4,500. Thanks to James for organising this popular annual fixture.
- Dom raised £500 from many supporters to cut his lockdown hair.
- Edward hosted a concert in Burton on Trent raising £720.
- Rapha donated over £2,500 from his Barmitzvah in October.

"Thanks so much. This will really help in pushing for registration for those patients who have good visual acuity but poor functional vision." – an ECLO

147

CALLS TO OUR
SUPPORT LINE

A charity concert for the
Nystagmus Network



- Kirsty and Vicky took on the challenge of press ups raising over £400.
- We had runners for the Mud Run, Bournemouth Half and the London Marathon along with obstacle races and other runs and walks, raising over £7,500. Thanks to Olly, Mike, Yvette, Ann, Mike, Joanna and Kylie.
- The Regatta Right Move team raised over £1,500.
- Keen swimmer, Jenna raised £170 taking part in the Great North Swim supported by her daughter.
- Mary hosted her annual coffee morning in March raising £400.
- Issac and Everlyn raised over £470 for their baby brother Jude by walking 5km a day for a week over the summer, with wonderful photos of them pushing Jude even in the rain.

We thank everyone who sponsored, organised and pledged to fundraise.

Karen Chu

Karen Chu

Chair of Funding Committee

In 2023, we received a legacy gift from the late Mrs Rhoda Clarke, in the name of her great niece, Florence who has albinism and nystagmus. Aunt Rhoda wished to benefit Florence and other children like her through continued research and support from the Nystagmus Network.

RESEARCH COMMITTEE

IMPROVING
QUALITY OF LIFE
THROUGH
RESEARCH

The Nystagmus Network has been investing in research since the 1990s

**"The Nystagmus Network is unique in its support of research in the UK."
- a nystagmus researcher**

A highlight of the year was the publication of the **Nystagmus Care Pathway** to which the Nystagmus Network made a significant contribution. The guidance on the management of nystagmus in children – called the Clinical Practice Point - was published on the Royal College of Ophthalmologists' website. The purpose of the Practice Point is to provide a single point of reference for busy clinicians when managing patients with this complex eye condition. The charity contributed to the development of the Practice Point through its membership of **NUKE**, the UK nystagmus eye research group. Members of NUKE worked together to develop guidelines on diagnosis and care for patients with nystagmus – the first time such guidelines have been created for this condition.

The adoption of the Nystagmus Care Pathway means that

clinicians can now refer to it when treating patients with nystagmus – something the Nystagmus Network hopes will lead to continuing improvements in developing standardisation of medical diagnosis and care.

Another high point was the **International Symposium** in September. The conference was attended by clinicians, researchers and students and ably chaired by Jon Erichsen (Cardiff University) and Jay Self (University of Southampton). There were presentations on all aspects of nystagmus with lively discussions particularly on genetic testing and training on nystagmus for clinical practitioners, as well as some exciting insights into testing potential new therapies for albinism and nystagmus. Marsha de Cordova MP, who has nystagmus, gave a keynote address with a personal contribution recorded specifically for us.

We have invested on average £18k per annum in nystagmus research over the past decade



Nystagmus Symposium 2023

**"Thanks for organising this cool event!"
a Symposium delegate**

We plan to continue to deliver the symposium annually, to extend the visibility and impact of nystagmus-related research both in the UK and through collaborations across the globe.

Increasing the pool of academic and scientific research continues to be of importance to us, as we seek further investment and involvement in this field. To support this priority, we spent time in 2023 preparing '**The Richard Wilson Essay Prize**', in remembrance of our former chair (2010-19). We hope this encourages students and early career researchers to consider future work in the nystagmus space.

Research supported by the partnership between the Nystagmus Network and the

charity Fight for Sight continues. At the University of Plymouth, Dr Mahesh Joshi and Dr Asma Zahidi are investigating whether vision therapy using a moving target leads to better control of eye movements. The charity is supporting participant recruitment. The project is expected to finish in April 2025.

At the University of Leicester, Mervyn Thomas is exploring novel animal models for infantile nystagmus. This project is expected to end in June 2024.

The Nystagmus Network PhD studentship project – looking at nystagmus and glare – suspended in February 2023 due to illness - has now resumed. Mohammed Bakhit took up the baton in November 2023 and is now scheduled to complete his

contd.

RESEARCH, continued

The Nystagmus Network received a legacy gift in 2023 to be invested in nystagmus research **£32,115**

research in October 2026.

Disappointingly, no new applications were received in 2023 for the 2023 Nystagmus Network-Fight for Sight small grant awards. We are investigating with Fight for Sight whether the amount of the awards – currently £15,000 with each charity contributing half - needs to be increased but we are continuing with the scheme in 2024.

Although 2023 was a setback in terms of the joint awards, the Nystagmus Network is proud of its history in terms of supporting research financially. Between 2014-2023, thanks to our supporters and fundraisers, the charity has invested an average



Florence presents
Aunt Rhoda's gift

£18,000 per year in research. The total over the decade is £180,239 – not bad for a small charity, although we would of course wish it could be more.

We have established ourselves as a valuable patient resource for the research community with our participation and engagement.

Good news came through to the charity in 2023 in the form of a £32,000 legacy to be used for research. We are determined to find the best possible home for this generous gift.

Vivien Jones

Vivien Jones

Chair of Research Committee
and **Harshal Kubavat, trustee**

**"It would be amazing if you could come and speak. I have seen you at a conference before and your presentation was excellent."
- a university training organiser**

OUR KEY PROJECTS

In 2023 the Nystagmus Network continued to fulfill our stated goals: supporting the nystagmus community, raising awareness and funding research.



Awareness

We celebrated Nystagmus Awareness Day and delivered 2 big meet ups



Communication

Daily Facebook posts and Tweets helped us reach an audience of 14,300 people



Research

We held a UK research workshop and an international symposium



Support

We answered 781 enquiries from adults, parents, teachers, clinicians and eye care practitioners



Fundraising

Our supporters found all sorts of ways to raise £35,857 and we secured £31,600 in grants.



Information

We revised and updated our digital information and published a new guide to nystagmus and the early years.

MEMBERSHIP



Are you a *member?*



Our volunteer, Karen who knits our nystagmus mascots

Nystagmus Network trustees have chosen to run the charity on a membership model, as this brings sustainability, enables sound financial planning and empowers us to grow.

As the representative body of a community of people living with the condition we can make sure that our voice is heard in education, research and funding.

**"This is such a lovely idea!
I'm trying to collect different representations
of conditions for my class of primary aged
children with complex needs. We've just
adopted a dinosaur with a gastro tube! I
would LOVE some dolls with nystagmus and
will be taking a look at your shop."
- a Facebook follower**

**"My 2 year old has nystagmus and would love to help fundraise to pay back the amazing work and information your charity produces!"
- a parent**

Isn't it great, feeling you belong, that you're part of a wider community, all working towards the same goals?

That's why the Nystagmus Network is a membership organisation. The more people we represent, the stronger the charity's influence and the louder our voice.

Together we can make real difference

Membership benefits include:

- Priority booking at all events
- Referral to bespoke advice and guidance on benefits
- One-to-one education support
- A proportion of your subscription will go directly into research

We offer affordable membership to anyone living with nystagmus.

PARTNERSHIPS

The Nystagmus Network is a member of NUKE, Visionary and the Alliance and works closely with QTVIs, ECLOs and Eye Care Practitioners and alongside other sight support charities to ensure everyone living with nystagmus receives the help they need.

ACHIEVEMENT

The Nystagmus Network shares and celebrates every success members of the nystagmus community achieve.

CAMPAIGNS

The Nystagmus Network is committed to raising awareness of nystagmus to improve the quality of life of everyone living with the condition.

TREASURER'S REPORT

It's important to acknowledge that the charity relies entirely on voluntary contributions. Fundraising has been exceptionally challenging this year.

We extend our heartfelt thanks to our members, fundraisers and donors whose generosity enabled us to raise a total income of £122k for the year, a 30% increase on prior year. This ensures the Nystagmus Network maintains its position as the foremost charity supporting people living with nystagmus in the UK.

A significant share of the annual income was from a generous £32k legacy, which is held in restricted funds to be spent exclusively on research in the near future. Other significant income streams were £32k from grants received and £36k from fundraising, similar levels to prior year. The charity saw a 24% decrease in donations to £7k and a

10% decrease in membership income to £10k. Fundraising continues to be challenging due to the ongoing cost of living crisis, but the charity has shown resilience over the past few years thanks to the continued dedication of our supporters and staff.

Continued cost management of our resources, meant that total expenditure for the year was limited to £69k, giving a surplus for the year of £54k.

The year ended with cash reserves of £120k, of which £57k was restricted funds, in line with our reserves policy of putting aside free cash reserves of 6 months' cover for annual expenses. The charity organised the annual research symposium but did not spend any funds

specifically on research in the year, instead carrying forward the £32k legacy to next year with the intent of funding a significant research project.

As we embark on our ruby anniversary year, the small and dedicated staff team continue to work hard to provide support through the helpline, raise awareness, and drive fundraising efforts.

Together we are making a tangible difference to the lives of those living with nystagmus, fostering a community where everyone feels supported on their journey.

Vicky Pitman FCA

Vicky Pitman

Treasurer



A young child tries out a new app for children with impaired vision at a Nystagmus Network event.

**"I wanted to do this because two of my children, now adults, have nystagmus and the group has been very helpful."
- a volunteer**

FINANCIAL ACCOUNTS 2023

Nystagmus Network - 2023 Accounts

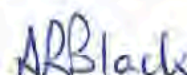
	2023			2022
	£	£	£	£
	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
Receipts				
Fundraising	35,857		35,857	36,955
Grants	-	31,600	31,600	32,520
Wills	-	32,115	32,115	100
General Donations	7,009	-	7,009	9,236
Subscriptions	10,675	-	10,675	11,845
Shop Sales	2,250	-	2,250	2,944
Events	2,306	-	2,306	891
Bank Interest	1,029	-	1,029	216
	<u>59,126</u>	<u>63,715</u>	<u>122,841</u>	<u>94,707</u>
Payments				
Fundraising Costs	24,901	-	24,901	31,253
Support services	7,060	14,550	21,610	25,977
Office and Administration	17,972	-	17,972	19,632
Research	-	-	-	18,854
Trustee expenses	-	-	-	92
Events	4,149	-	4,149	119
	<u>54,082</u>	<u>14,550</u>	<u>68,632</u>	<u>95,926</u>
Net Receipts/(Payments)	<u>5,044</u>	<u>49,165</u>	<u>54,209</u>	<u>- 1,219</u>
<i>Total Staff costs included above</i>	38,394	14,550	52,944	64,857
Reserves b/f	58,428	7,650	66,078	58,428
Movement in year	5,044	49,165	54,209	7,650
Reserves c/f	<u>63,472</u>	<u>56,815</u>	<u>120,287</u>	<u>66,078</u>
Statement of Assets and Liabilities				
Cash funds	<u>63,472</u>	<u>56,815</u>	<u>120,287</u>	<u>66,078</u>

Accounts Prepared by



Vicky Pitman FCA (Treasurer)

Accounts Examined by



Andrew Black ACA



A Dad and his daughter at a 2023 Nystagmus Network event

LEGAL DETAILS

Charity objects

The charity's objects focus on the relief of nystagmus (visual impairment) sufferers and their families. The objects also focus on advancing the education of the public in and to promote research into the condition known as nystagmus and to publish the useful results of any such research which the charity has funded.

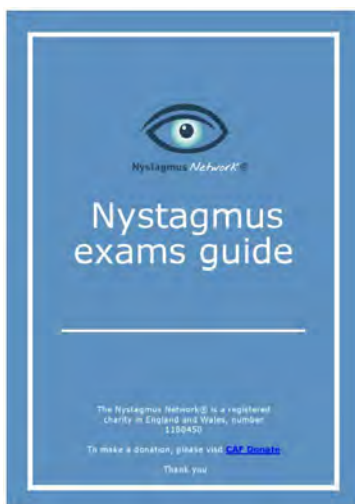
Appointment of trustees

Trustees are recruited in line with our equality and diversity

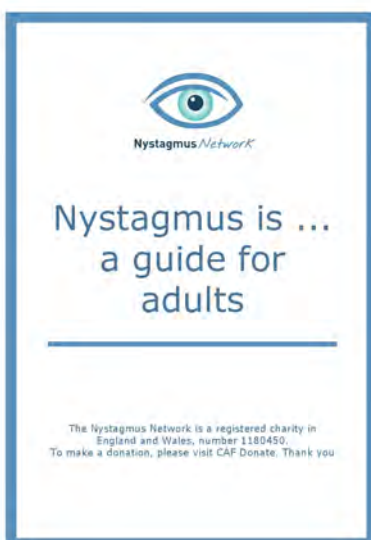
policy and to reflect lived experience of nystagmus. They are appointed after a thorough interview process. Induction includes immersion in the Charity Governance Code and charity policies and procedures. Introduction to the work of the charity is through peer to peer training via our sub-committees.

Trustees' responsibilities

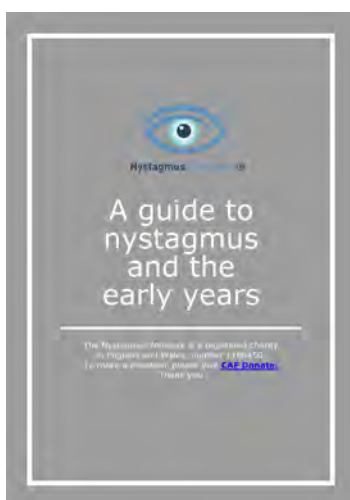
Trustees are responsible for the preparation of financial statements for each financial period which give a true and fair



Exams guide



Nystagmus is ... a guide for adults



Early years guide

view of the charity's incoming resources and application of resources during the year and of its state of affairs at the period end. In preparing these financial statements the trustees are required to do the following:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

Risk

The trustees take risk management seriously and have a live risk register in place which is regularly reviewed and updated.

Signing of the Trustees' report

On completion of this report one of our trustees is required to sign that the information contained within it is both accurate and a true reflection of our work.

Tim Cuddeford

Tim Cuddeford

Chair of Trustees

**"I really loved the friendly atmosphere
at your event in Manchester.
We loved the messy table!!!
We learned such a lot of helpful stuff too."
- a grandparent**

NYSTAGMUS NETWORK



MORE INFORMATION

For more information visit us online at
nystagmusnetwork.org
or email us at info@nystagmusnet.org.